

BCDS Lunch Menu

Oct 2017 (Eastern Time)

Mon		Tue		Wed		Thu		Fri	
2		3		4		5		6	
Broccoli		Chick pea salad		HAPPY SUKKOT!					
feta salad		Chicken n duck sauce		NO SCHOOL					
fruit		fruit							
Spiral Alfredo		Onion Soup							
vegetable soup		terryaki String beans							
9		10		11		12		13	
black bean salad		Chicken noodle soup		HAPPY SHMINI ATZERET/SIMCHAT TORAH					
Broccoli		Chicken nuggets		NO SCHOOL					
fruit		french fries							
mac n cheese		fruit							
zucchini soup		steamed vegetables							
16		17		18		19		20	
Baked Ziti		BBQ chicken /pita		caesar salad		corn niblets		Cuc. salad	
broccoli		Brown rice		Cheese pizza		fruit		fruit	
fruit		Brownie		chummas		Meatballs n Spaghetti		Miso soup/noodles	
tabouli salad		potato carrot soup		fruit salad		Mushroom barley soup		Sushi	
vegetable soup		red potato salad		onion soup					
23		24		25		26		27	
fetta salad		broccoli		caesar salad		beet salad		cookies	
fruit		Chicken Schnitzel		Cheese pizza		fruit		edemame salad	
grilled cheese		cole slaw		chummas		Potato leek soup		udon noodles	
tomato rice soup		fruit		fruit salad		spiral pasta/ meat sauce			
		roasted potatoes		onion soup		string beans			
30		31		1		2		3	
3 bean salad		butternut squash soup		caesar salad		baked beans			
broccoli		purple cabbage slaw		Cheese pizza		corn salad			
mini muffins		rice		chummas		fruit			
penne vodka		Roasted chicken		fruit salad		Hot dogs			
vegetable soup		steamed vegetables		onion soup		Pea soup			
						sweet potato fries			