

Shira Zucker, BCDS Lunch Menu

Se

Mon	Tue	Wed	Thu
29	30	31	1
BCDS WELCOME	brown rice	bean salad	beef hamburgers
broccoli	chick pea salad	Caesar salad	cucumber salad
chocolate pudding	chicken matzah ball	cheese pizza	fruit
Mac n cheese	chicken schnitzel	fruit salad	onion soup
red eggplant salad	fruit	spiral pasta/sauce on	sweet potato fries
5	6	7	8
broccoli	black bean salad	Caesar salad	beef tacos
chummas	boneless bbq chicken	cheese pizza	black bean salad
fruit	fruit	fruit salad	corn soup
spiral alfredo	lentil soup	fusilli w/ sauce on side	FRUIT
tomato soup	mashed potato with	kale salad	shredded lettuce
12	13	14	15
bananas	chicken nuggets	black bean salad	3 bean salad
cereal	chummas	Caesar salad	beef meatballs
french toast	fruit	cheese pizza	butternut squash soup
purple cabbage salad	onion soup	fruit salad	garlic bread
vegetable soup	tater tots	Vegetable soup	peas and carrots
19	20	21	22
broccoli	chickpea salad	bean salad	bologna/turkey
cheese manicotti and	fruit	bow ties/sauce on side	chips
fruit	grilled chicken	Caesar salad	deli sandwiches
onion soup	israeli salad	cheese pizza	onion soup
red eggplant salad	lentil soup	fruit salad	red potato salad
26	27	28	29
fruit	chicken and vegetables	Caesar salad	3 bean salad
grilled cheese	egg drop soup	cheese pizza	beef sloppy joes
tabouli salad	orange slices	fruit salad	chocolate brownies
tomato soup	purple cabbage salad	olive salad	french fries