

BCDS Lunch Menu

Nov 2016 (Eastern Time)

Mon	Tue	Wed	Thu	Fri
31	1	2	3	4
broccoli	cheicken schnitzel	caesar salad	Beef Hamburgers	
Cheese Ravioli	chicken matzaball soup	cheese pizza	cucumber salad	
fruit	fruit	chick pea salad	fruit	
garlic bread	peas and carrots	fruit salad	onion soup	
kale salad	red eggplant salad	pasta	tater tots	
Tomato soup	rice	Vegetable soup		
7	8	9	10	11
Broccoli	chick pea salad	caesar salad	Beef tacos	
fruit	chicken n vegetables	cheese pizza	black bean salad	
Mac n cheese	egg drop soup	fruit salad	corn soup	
Red eggplant salad	oranges	pasta	fruit	
zucchini soup	rice	purple cabbage salad	rice	
		Vegetable soup		
14	15	16	17	18
baked ziti	3 bean salad	caesar salad	beef sloppy joes	
broccoli	brownies	cheese pizza	fruit	
fruit	chicken n duck sauce	fruit salad	mushroom barley soup	
kale salad	lentil soup	pasta	red eggplant salad	
onion soup	roasted potatoes	purple cabbage salad	sweet potato fries	
	teriyaki string beans	Vegetable soup		
21	22	23	24	25
broccoli	chicken nuggets	THANKSGIVING BREAK		
chick pea salad	chummas			
fruit salad	corn nibblets			
spiral alfredo	french fries			
Vegetable soup	fruit			
	lentil soup			
28	29	30	1	2
broccoli	boneless bbq chicken	black bean salad	baked beans	
chick pea salad	cucumber salad	caesar salad	beef hot dogs	
fruit	lentil soup	cheese pizza	french fries	
mac n cheese	mashed potato w/gravy	fruit salad	fruit	
zucchini soup	peas and carrots	pasta	onion soup	
	white cake	Vegetable soup	purple cabbage salad	