

BCDS Lunch Menu

Jan 2017 (Eastern Time)

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
NO SCHOOL		cheese pizza	beef tacos	Salmon Karage
WINTER VACATION		fruit salad	fruit	sweet potato fries
		Vegetable soup	rice	
			shredded lettuce	
9	10	11	12	13
broccoli	Chicken and vegetables	caesar salad	Baked beans	Sushi
chocolate pudding	egg drop soup	cheese pizza	Beef hot dogs	
Grilled cheese	kale salad	chick pea salad	black bean salad	
taboulli salad	oranges	fruit salad	french fries	
tomato soup	Rice	pasta	fruit	
		Vegetable soup	Pea soup	
16	17	18	19	20
NO SCHOOL	chicken n duck sauce	caesar salad	Beef meatballs	Udon noodles
	chicken soup/matzah balls	cheese pizza	black bean salad	
	cucumber salad	chummas	fruit	
	peas and carrots	fruit salad	garlic bread	
	roasted potatoes	pasta	spaghetti	
	white cake	Vegetable soup	string beans	
			zucchini soup	
23	24	25	26	27
broccoli	bbq boneless chicken	caesar salad	Bologna,turkey,corned beef	sushi
fruit	brownies	cheese pizza	chips	
Mac n cheese	chick pea salad	fruit salad	Deli sandwiches	
onion soup	lentil soup	pasta	fruit	
red eggplant salad	rice	taboulli salad	mushroom barley soup	
	roasted cauliflower	Vegetable soup	purple cabbage salad	
30	31	1	2	3
broccoli	chicken nuggets	3 bean salad	black bean salad	Fish Katsu
fruit	corn niblets	caesar salad	fruit	
kale salad	cucumber salad	cheese pizza	pea soup	
spiral alfredo	fruit	fruit salad	Sloppy Joes	
tomato soup	lentil soup	pasta	sweet potato fries	
	mashed potato	Vegetable soup		